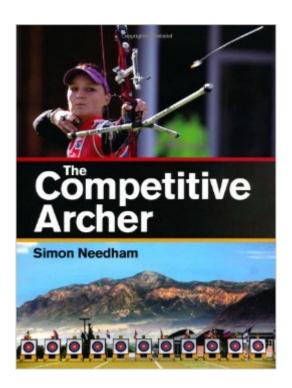
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The Competitive Archer





Synopsis

The Competitive Archer provides practical advice to archers showing them a path to success in their competition performance, taking them from keen weekend competitors to top athletes in the world arena.

Book Information

Paperback: 224 pages

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A systematic exploration of tactical, technical, physical and psychological aspects of preparing for and participation in archery at a competitive level.

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